



Old Charlton House

Residential Care home

Sample Menu Choices

Breakfast

Cereals

Cornflakes, Weetabix, Muesli, Bran flakes, Allbran

Fruits and Yogurts

An assortment of fresh fruits and yogurts

Cooked

English Breakfast

Fried or scrambled eggs with toast and an assortment of preserves

Drinks

Tea, coffee and fruit juices.

Lunch

Main

Roast Lamb served with potatoes, mint sauce and seasonal vegetables
Omelettes this a choice of fillings

Dessert

Fruit trifle

Apple crumble with custard or ice cream

Supper

Main

Homemade soup with fresh crust bread and butter,
Prawn salad
Sandwiches made to order.

Dessert

Homemade cake

Fresh fruit salad with cream

Drinks

Assortment of beverages are available at mealtimes and throughout the day.

With prior arrangement, family are able to join us for mealtimes.
Small charge applicable.